



Done with Work Retirement Coaching and Consulting

www.donewithwork.org

Kindly respond to these 5 items regarding retirement . . .

1. Please describe what retirement was like for your parents and grandparents.
2. How and when did you seriously start thinking about exiting work?
3. Do you have any misgivings or concerns about retiring?
4. How do you hope you will spend your time?
5. What might be some initial challenges when you first stop working?

Be sure to save this document before returning it to Dr. Gard